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III INTERNATIONAL SEMINAR OF COMPETITIVE ARTISTIC AND RHYTHMIC GYMNASTICS - SIGARC 2012

The third edition of the bi-annual scientific event International Seminar of Competitive Artistic and Rhythmic Gymnastics (SIGARC 2012) took place on October 5th and 6th, 2012, at State University of São Paulo/Campus Rio Claro, in Sao Paulo State, Brazil, with about 200 participants (researchers, coaches and referees), consolidating its position as a scientific reference in the competitive gymnastics in Brazil and in Latin America.

Taking into consideration the expansion of the competition sports in Brazil, the aim of the event was to make room for thinking and for technologic and theoretical fields presentations in order to enable the continuity of the development process of these modalities in Brazil. The seminar was organized by a partnership between Sao Paulo's three state universities: State University of São Paulo (UNESP), State University of Campinas (UNICAMP) and University of São Paulo (USP), through their research groups: Gymnastics Research Group of UNESP, UNICAMP and USP.

SIGARC 2012 had the following guest speakers: Keith Russell (University of Saskatchewan/Canada), Thomas Heinen (University of Hildesheim, Institute of Sport Science - Germany), Jean François Robin (INSEP - France), Melix Avilés (UCCFD /Cuba), Gareth Irwin (Cardiff Metropolitan University/Wales), Laurita Schiavon (UNESP/Brazil), Marco Bortoleto (UNICAMP/Brazil), Myrian Nunomura (USP/Brazil), Márcia Lourenço (UNOPAR/Brazil), Marcos Goto (Technical committee – Brazilian Men's Artistic Gymnastics team and Arthur Zanetti coach), Cristina Vital (Olympic Games Judge - Brazil) and Robson Caballero (Olympic Games Judge - Brazil). The speakers discussed about "how to plan training for high-performance gymnastics and the recent scientific advances in this field", "the contribution of sports psychology to competitive gymnastics" and "preparing for the Olympic Games and the role of sports science".

We would like to send our acknowledgment to the Science of Gymnastics Journal which will publish the best two papers presented in the Seminar, as well as to Cirque du Soleil that was also one of the supporters of the event.

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